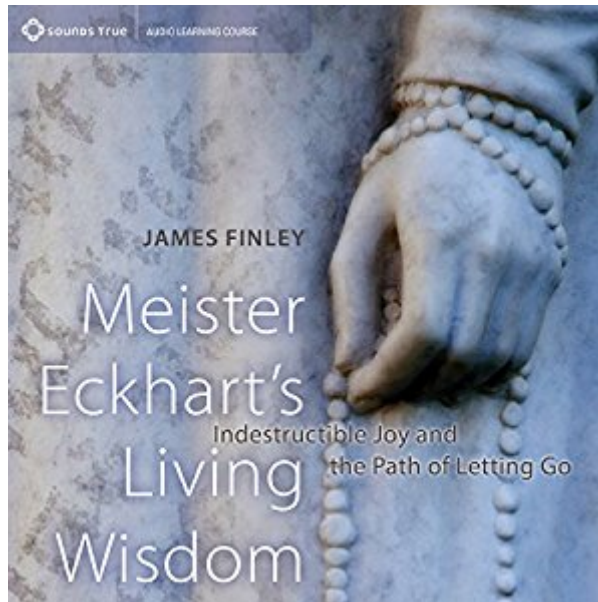


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# Meister Eckhart's Living Wisdom: Indestructible Joy And The Path Of Letting Go



## Synopsis

The Teachings of Meister Eckhart: An Invitation to Experience God in Every Moment The 13th-century mystic Meister Eckhart was the most brilliant Christian scholar of his day, but he was also legendary for the way he opened listeners to the direct experience of God during his public talks. Today, his written wisdom remains alive as ever, ready to illuminate us. With Meister Eckhart's Living Wisdom, James Finley, one of today's best-known teachers of the Christian contemplative tradition, invites us into Eckhart's insights in the same way this luminary teacher delighted in sharing them - through the spoken word. "The eye with which I see God is the eye with which God sees me." If the Divine dwells in all things, including ourselves, then why do we experience His presence only in fleeting moments, if at all? How do we let go of the illusions that imprison us to discover direct and felt liberation - not conceptually or in the afterlife but right here and now? These were the questions that compelled Meister Eckhart to reflection, spiritual practice, and discovery. In this in-depth learning program, James Finley guides us through teachings and meditations for bringing Meister Eckhart's wisdom into our daily lives - to find for ourselves "the indestructible joy that transcends even death", and to experience God not as a separate being but as the loving eternal center that sustains and embraces each of us and all of creation.

## Book Information

Audible Audio Edition

Listening Length: 6 hours and 21 minutes

Program Type: Audiobook

Version: Original recording

Publisher: Sounds True

Audible.com Release Date: October 2, 2015

Language: English

ASIN: B0162XC5AQ

Best Sellers Rank: #37 in Books > Christian Books & Bibles > History > Historical Theology #98 in Books > Religion & Spirituality > Worship & Devotion > Meditations #454 in Books > Audible Audiobooks > Religion & Spirituality > Christianity

## Customer Reviews

I loved this audio lecture. I did my dissertation on Meister Eckhart (1973) and I've lectured on Eckhart and related subjects, so I know this topic better than most. But I was truly dazzled by what Jim Finley did to make Eckhart "come alive" for me, perhaps partly because Finley has the insights

of a psychotherapist, as well as one who learned personally from Thomas Merton. All of this life wisdom is apparent here, but only seamlessly, invisibly: the true gift is Finley's ability to capture (and share) the "living wisdom" of Meister Eckhart for us all. This is a treasure I will listen to again and again.

What Jim Finley has done in these talks is a rare thing indeed: he has taken the deep sermons of a great Christian mystic and made them accessible to those of us who are not trained in medieval Christian spirituality. Using examples from ordinary life, examples that anyone can relate to, Jim invites us to experience a centuries old spiritual teaching, and to let it resonate in our hearts every day. This is food for the souls of seekers everywhere, and for all times.

Be prepared to go to deep listening - the kind of listening when you let yourself ride rather than understand every phrase. And don't assume this material, these two teachers - Eckhart and Finley - bring answers to you. Based primarily on revisiting Eckhart's sermons, you can be there in Eckhart's parish listening for a while, and you can be here today, visited by Finley and the way he speaks of these unknowable truths, who guides. There is no dogma, or system to climb, no personality labels, or narcissistic gurus in this.

Some audio books send my mind wandering, but not this one! I was drawn in from the first words and felt like I was in a private conversation with the author. For me, this isn't so much about learning about Eckhart's teachings, although that part is very interesting - for me the gift of this material is having my own joy and insight stimulated in such a gentle, loving way. I know I'll go back to this one again and again. Beautiful.

One of the best audio books on Christian spirituality that I have ever heard. James Finley's speaking style is soft, gentle and slow. I have read some reviews complaining about it being boring, but this was not my experience. I found his style almost essential for communicating the depths of Meister Eckhart's mature insights into our fundamental existential union with the Holy Trinity. This audio is a treasure to me.

This presentation of Eckhart's works is well done and has opened new doors to his readings.

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